



# little pink book

Your path to a beautiful career and a beautiful life.

April 9, 2010

Work Hard, Look Young



You've always believed in working hard. But the mental strain of being a successful woman can take a physical toll on your skin. You've got no problem with aging –*slowly*.

Need help delaying father time? "Consult with mother nature," says Maria Langscheid, sales and marketing director of [Oils of Aloha](#). "There's no shortage of anti-aging products, however, finding products that are safe and all-natural can be difficult." She recommends emollients that

"soften and soothe" the skin.

Herbal remedies are making a comeback. [LevensESSENTIE](#) Gold contains 22 organically grown herbs that "produce oxygen-detoxifying agents that help improve the skin's elasticity."



Take the [skin elasticity test](#). Simply, pinch the skin on the back of your hand and hold for five seconds. If your skin takes longer than 4 seconds to flatten out, your skin is 50 or older.

[Kukui Oil](#), used in Hawaii "for centuries as an all-natural moisturizer, is easily absorbed by the skin." It's a greaseless formula to moisturize, condition and heal.

Tired of anti-aging products full of "mystery" ingredients? Try making your own. [Organic Body Care Recipes](#) offers homemade recipes for face cleansers, moisturizing creams and even lip balm.

**Bonus PINK Link:** [Get inspired!](#) This mom turned her passion for skin care into a business.

By Artesia Peluso

*"Never put anything on the skin you can't eat."* Maria Langscheid

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a pink event

Atlanta • May 6, 2010  
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